Do you want to use quality research evidence in your practice but don’t know where to start?

We offer workshops to healthcare professionals and members of the public across the South West that will help you learn about finding and making sense of evidence efficiently and effectively.

Our workshops cover:

- Formulating a focused question
- Tracking down and organising the best evidence
- Gaining experience of critically appraising the evidence
- Understanding the application of evidence in practice
Types of courses
We offer full-day courses, as well as bespoke courses that can be as short as an hour and tailored to suit your needs and availability.

Features of our courses:
• An interactive teaching style
• A supportive learning environment
• Professionally trained tutors
• Small groups with high tutor to delegate ratio

Contact us
To find out dates of future workshops and to view course materials, visit our website:
clahrc-peninsula.nihr.ac.uk/making-sense-of-evidence

To make an enquiry or to find out more about booking a bespoke workshop for your team or organisation, email us at:
peninsula-ebp@exeter.ac.uk

Feedback from workshops
“A fantastic, concise introduction with good pointers on where to go next to keep learning. Thank you, very interesting and good discussion”

“Really well organised workshop that helped to reinforce how evidence based medicine can be put into practice”