

Taking part in research about
Singing for People with Aphasia (SPA)

What is the research?



We are doing some **research**



It is about **singing groups for people with aphasia**

We want to **know** more about **how to help people with aphasia**



We want to **know** if **singing groups can help**

We want to know if the **research** is **acceptable**

Why me?



You **have had a stroke**

You **have communication problems**

You have **aphasia**

You are **over 18 years old**

You have **finished** any **speech and language therapy**

Who is doing the research?



The **manager** of this research is **Mark Tarrant**



The **main researcher** is **Raff Calitri**



The research is run from **Exeter University**

Funded by the



The **Stroke Association** is **paying** for this research

Why are we doing this research?



We want to **learn** about **singing groups for people with aphasia**



We want to know if singing groups **help people feel better about themselves**

Help **improve communication**



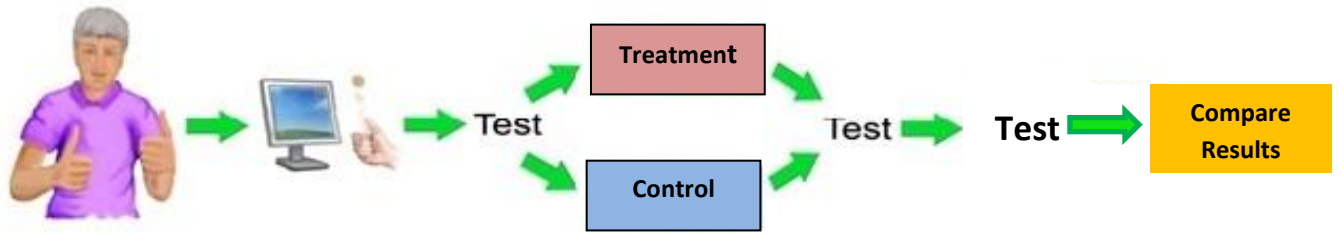
We want to know if our **research** is **acceptable**

We want to know if **people with aphasia are happy to come to singing groups**



We want to know **if people with aphasia are happy to complete questionnaires**

What happens in the research?



We want to **compare** two different groups

We want to know **which works best**

Treatment is **Singing group and Resource Pack**

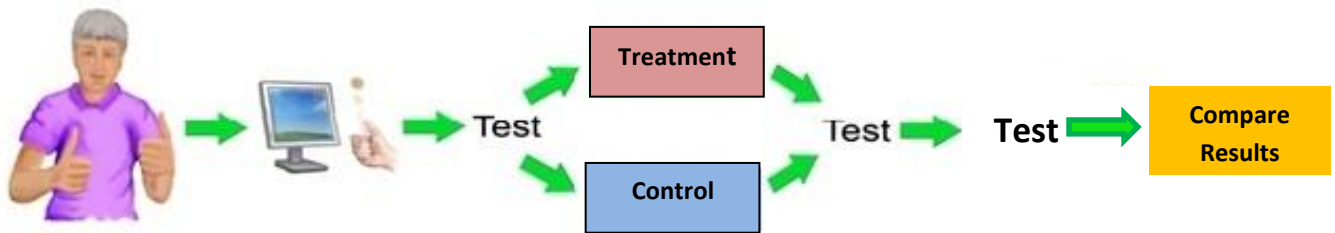
Control is **Resource Pack only**

We want **48 people** to take part

Half the people will be in the **Treatment group**

Half the people will be in the **Control group**

What happens in the research?



You will complete **some assessments**

The **computer decides** which group you will be in
This is like **flipping a coin**

If the computer chooses the **treatment** you will get a
resource book AND you will join the **singing group**

If the computer chooses the **control** you will **get a
resource book**



3months and **9 months later** you will complete
follow up assessments

The researcher will **look at the results**

They will **learn** about **your experiences**

What will I have to do?



In the **assessments**

You will **answer** some **questions**

at the **start** of the research

and twice at the **end** of the research

Assessments **could take** up to **2 hours**

You can **answer all the questions** in one go

You can answer a **few questions** over a number of **visits**

You might be asked to have an **interview**

share your **opinions** and **ideas**

What will I have to do?



A **researcher** will visit you at home to help you

They will **ask about your aphasia**

They will **ask about how you feel**

They will **ask about your social life**

What will I have to do?



If you are **chosen** for the **treatment group** you will **join a singing group**

In **Plymouth** or **South Devon**



You can take a family member or a friend



You will go to the singing group **once a week**

The group will **run for 10 weeks**



Each **session** will last for **90 minutes**

You will **sing for 1 hour**






You can **play** musical **instruments**


The **group leaders** will **help you** with your singing and playing

You can **meet** other **people** before and after singing


What will I have to do?

| | |
|--|---|
|  | <p>We will take some photographs</p> |
|  | <p>We will take video recordings</p> |
|  | <p>We will take some sound recordings</p> <p>This helps us to remember what you said</p> <p>This helps us to measure any change</p> |



Where will the research happen?

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|--|--|
|  | <p>The research will happen in a community venue in Plymouth or South Devon</p> <p>Assessments will happen at your home</p> <p>Interviews will happen at your home</p> |
|--|--|

Will I get paid?

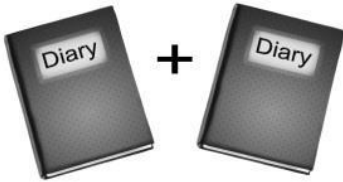
| | |
|---|--|
|  | <p>You will not get paid for taking part in the research</p> <p>We will pay for your travel to the singing group</p> |
|---|--|

Who will see the information about me?

| | |
|--|--|
|   | <p>We will keep the information about you safe</p> <p>Only the researchers will see the information about you</p> <p>However, if you tell us there is a problem</p> <p>If you need urgent help</p> <p>We will give your information to people who can help you</p> |
|--|--|



What might be good about taking part?



You **may be helped** by the singing group

You may **enjoy** taking part

You may find it **interesting**

You will **help** us to give **better help** to people in the **future**

You will help us to **learn**



What might be difficult about taking part?

We **don't think** it is **dangerous**

however...

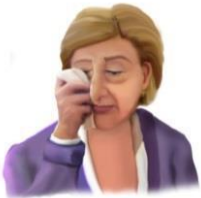
the **singing group** may not **help** you



You may find it **tiring**



You may find it **distressing**



It will **take** up **your time**



Is the research safe?



A committee **decides** if research can happen

This is the **ethics committee**



They say that **this research can happen**




They say that it is **safe**



They say that it has been **planned properly**

What if something goes wrong?

| | |
|--|---|
| | <p>This is very unlikely</p> <p>However,</p> <p>There is a committee</p> <p>This committee will monitor the research</p> <p>The committee has different people from those who do the research</p> |
|--|---|

| | |
|---|--|
|    | <p>If you take part in the research and if you think you were harmed</p> <p>there are people to talk to</p> <p>contact Gail Seymour at Exeter University Telephone: 01392 726621</p> <p>Email: g.m.seymour@exeter.ac.uk.</p> <p>The University has insurance</p> |
|---|--|

Do I have to take part?



You **can choose** whether to take part

You **don't have to**

If you don't take part you will **still get your normal help**



If you change your mind, **you can stop** at any time



You **don't** have to **give a reason**

If you stop you will still get your **normal help**

Do I have to take part?



You don't have to decide now, you can **think about it**

You can **take your time**



You can **read** the information **again**



You can **talk to your family** to **help you decide**

What will happen to the results?



We will **give you the results** of the research



We will share the **results**

with **other researchers**

at **conferences** and **meetings**

through **newsletters** and **magazines**

in **academic journals**



The results will **not use your name**

What will happen to the results?



The results may include **photographs of you**


The results may include a **video recording of you**







The results may include **what you said**



But **not who said it**



What next?

| | |
|--|---|
|  | <p>Do you want to take part?</p> <p>You need to decide</p> |
|--|---|

| | |
|---|---|
|  | <p>You may want more information</p> <p>Contact Raff Calitri</p> |
|  | <p>Let us know if you want to take part</p> |
|  | <p>Contact Raff Calitri</p> <p>Telephone: 01392 726 047</p> |
|  | <p>Email: <u>r.calitri@exeter.ac.uk</u></p> |

What next?

| | |
|--|---|
|   | <p>If you decide to take part</p> <p>you will need to sign a consent form</p> <p>We will see if you are happy to be contacted in the future for other research</p> <p>This says that you understand the research and you agree to take part</p> |
|--|---|

| | |
|---|--|
|     | <p>We will contact you</p> <p>We will ask for your decision</p> <p>Yes I want to</p> <p>No I don't want to</p> |
|---|--|